
Dear Patient,

As your medical providers, one of our primary goals is to improve your overall health by diagnosing and treating conditions early with the most advanced and trusted therapies available.

One highly prevalent and undertreated condition affecting up to 13 million American men (approximately 1 in 5 men over the age of 50) is hypogonadism, commonly referred to as “low testosterone.” The most common signs are lack of energy, loss of sex drive, and mild depression. This simple questionnaire can help you determine if you have low testosterone levels:

1. Have you had a decrease in libido (sex drive)?	<input type="radio"/> Yes	<input type="radio"/> No
2. Have you had a lack of energy?	<input type="radio"/> Yes	<input type="radio"/> No
3. Have you had a decrease in strength and/or endurance?	<input type="radio"/> Yes	<input type="radio"/> No
4. Have you lost height?	<input type="radio"/> Yes	<input type="radio"/> No
5. Have you noticed a decreased “enjoyment of life?”	<input type="radio"/> Yes	<input type="radio"/> No
6. Are you sad and/or grumpy?	<input type="radio"/> Yes	<input type="radio"/> No
7. Are your erections less strong?	<input type="radio"/> Yes	<input type="radio"/> No
8. Have you noticed a recent deterioration in your ability to play sports?	<input type="radio"/> Yes	<input type="radio"/> No
9. Are you falling asleep after dinner?	<input type="radio"/> Yes	<input type="radio"/> No
10. Has there been a recent deterioration in your work performance?	<input type="radio"/> Yes	<input type="radio"/> No

If you answered “Yes” to question 1 or 7 or at least three of the other questions, you may have low testosterone levels. This can be determined by a simple blood test.

We don’t want your symptoms to limit your ability to work or enjoy life with loved ones, and we encourage you to talk openly and candidly with us if you are currently living with these symptoms. Please contact us to schedule an appointment if you wish to discuss these or any other symptoms.

We take great satisfaction in doing everything in our power to improve your overall health.

Thank you for trusting us with your care!

Sincerely,
